

# SUPPLIES



- Swimwear fabric – see below
- Matching polyester thread
- Lining fabric – see below
- All versions: 8-10mm ( $\frac{5}{16}$ – $\frac{3}{8}$ in) wide swimwear elastic (preferably rubber and NOT clear elastic) – see below
- Bikini version: 6mm ( $\frac{1}{4}$ in) wide swimwear elastic (preferably rubber and NOT clear elastic) – see below
- Optional: Foam swimwear cups
- Sewing machine with adjustable zigzag stitch, stretch needle and basic tools (a rotary cutter and mat are helpful)

## FABRIC SUGGESTIONS

Main fabric: Four-way stretch knit swimwear fabric with at least 50% stretch in both directions. Look for a mix of nylon or polyester with elastane (AKA Lycra/Spandex). Lining: Swimwear lining, stretch mesh or more of your main fabric, with at least 50% stretch in both directions.

## FABRIC REQUIREMENTS

	MAIN FABRIC 145cm (57in) wide	LINING 145cm (57in) wide	8-10mm ( $\frac{5}{16}$ – $\frac{3}{8}$ in) swim elastic	6mm ( $\frac{1}{4}$ in) swim elastic
SIZES 1-5	Swimsuit: 0.9m (1yd) Bikini: 0.8m ( $\frac{7}{8}$ yd) + extra 0.2m ( $\frac{1}{4}$ yd) for neckline ruffle + extra 0.3m ( $\frac{3}{8}$ yd) for leg ruffles	Swimsuit: 0.9m (1yd) Bikini: 0.8m ( $\frac{7}{8}$ yd)	Swimsuit: 3.5m ( $3\frac{7}{8}$ yd) High waist bikini: 3.5m ( $3\frac{7}{8}$ yd) Low waist bikini: 4.5m (5yd)	High waist bikini: 1.9m ( $2\frac{1}{8}$ yd) Low waist bikini: 1m ( $1\frac{1}{8}$ yd)
SIZES 6-10	Swimsuit/Bikini: 1m ( $1\frac{1}{8}$ yd) + extra 0.5m ( $\frac{5}{8}$ yd) for neckline ruffle + extra 0.3m ( $\frac{3}{8}$ yd) for leg ruffles	Swimsuit: 1m ( $1\frac{1}{8}$ yd) Bikini: 0.9m (1yd)	Swimsuit: 4m ( $4\frac{1}{4}$ yd) High waist bikini: 4m ( $4\frac{1}{4}$ yd) Low waist bikini: 5.1m ( $5\frac{1}{2}$ yd)	High waist bikini: 2.3m ( $2\frac{5}{8}$ yd) Low waist bikini: 1.2m ( $1\frac{3}{8}$ yd)
SIZES 11-15	Swimsuit: 1m ( $1\frac{1}{8}$ yd) Bikini: 1.1m ( $1\frac{1}{4}$ yd) + extra 0.7m ( $\frac{3}{4}$ yd) for neckline ruffle + extra 0.3m ( $\frac{3}{8}$ yd) for leg ruffles	Swimsuit: 1.1m ( $1\frac{1}{4}$ yd) Bikini: 0.9m (1yd)	Swimsuit: 4.5m ( $4\frac{7}{8}$ yd) High waist bikini: 4.5m ( $4\frac{7}{8}$ yd) Low waist bikini: 5.7m ( $6\frac{1}{4}$ yd)	High waist bikini: 2.7m (3yd) Low waist bikini: 1.4m ( $1\frac{5}{8}$ yd)