

Sew a stylish and comfortable Zadie dress

Make your own Zadie dress with this paper pattern and step-by-step instructions. Designed for stretch knit fabrics, you can sew it on a regular sewing machine (no overlocker or serger needed) – hooray!

Throw on your Zadie dress for comfort and style at work or play. The dress has striking diagonal seams, concealing lovely (and practical!) in-seam pockets. The fitted bodice has a flattering empire waistline and round neckline finished with a neckband. It flares out into a feminine, knee-length semi-pleated skirt that's great for swishing. Choose from cap, three-quarter or full length raglan sleeves.



FRONT - LONG SLEEVES

FRONT - CAP SLEEVES

BACK - 3/4 SLEEVES

SUPPLIES

- **Fabric: Long or ¾ sleeve** – 2.5m (2¾ yards) x 150cm (60in) wide OR 2.8m (3 yards) x 115cm (45in); **Cap sleeve** – 2.1m (2¾ yards) x 150cm (60in) wide OR 2.3m (2½ yards) x 115cm (45in) (see shop.tillyandthebuttons.com/products/zadie for fabric lengths for colour blocked versions)
- Matching thread
- 0.9m (1 yard) of 6-8mm (¼in) stay tape, clear elastic, ribbon or strips of knit interfacing
- Ballpoint or stretch needle for your sewing machine
- Sewing machine and basic tools (a rotary cutter, mat and walking foot are useful)

BODY MEASUREMENTS

SIZE	BUST	WAIST	HIP
1 (UK 6 / US 2 / EUR 34)	76cm (30in)	61cm (24in)	84cm (33in)
2 (UK 8 / US 4 / EUR 36)	81cm (32in)	66cm (26in)	89cm (35in)
3 (UK 10 / US 6 / EUR 38)	86.5cm (34in)	71cm (28in)	94cm (37in)
4 (UK 12 / US 8 / EUR 40)	91.5cm (36in)	76cm (30in)	99cm (39in)
5 (UK 14 / US 10 / EUR 42)	96.5cm (38in)	81cm (32in)	104cm (41in)
6 (UK 16 / US 12 / EUR 44)	101.5cm (40in)	86.5cm (34in)	109cm (43in)
7 (UK 18 / US 14 / EUR 46)	106.5cm (42in)	91.5cm (36in)	114cm (45in)
8 (UK 20 / US 16 / EUR 48)	112cm (44in)	96.5cm (38in)	119.5cm (47in)

FABRIC SUGGESTIONS

Medium weight stretch knit fabrics such as ponte di roma, double knit, interlock, jersey. Check the fabric can be stretched crosswise at least 20% wider than its original width, and that it pings back down to size after stretching.